

List of treatments “à la carte”  
Thalassotherapy & SPA Center

*L'Elisir*

## Hydrotherapie Area

### Hydromassage Bath

- Hydro massage bath with essential oils min. 30 € 38
- Hydro massage bath with sea salt and seaweed min. 30 € 38
- Hydro massage bath with Sea salt and myrtle gel min. 30 € 43

### Affusion shower

- Affusion shower min. 15 € 32
- Massage under affusion shower min. 30 € 43

### Body wraps

- Micronized seaweed detoxifying wrap min. 30 € 43
- Micronized seaweed detoxifying wrap in to Biostart min. 30 € 47
- Sea mud from Dead Sea remineralising wrap min. 30 € 60
- Sea mud from Dead Sea remineralising wrap in to Biostar min. 30 € 64
- Lenitive and Moisturizing body wrap (decongestant after sun) min. 30 € 50

## Scrubbings

- Scrubbing and Sardinian lavender/elicriso flowers min.30 € 45
- "Prelude Marin" with sea salt and sea mud from Dead Sea (Relaxing and skin beauty) min.60 € 75
- Spices aromatic scrubbing min.30 € 45  
(As from Java -Indonesia ritual, with spices and salt flowers)
- Scrubbing with Purée de Papaya min.30 € 45  
(As from Siam - Thailand ritual, with natural papaya extracts)
- Oriental Scrubbing with black soap min.30 € 45

## Body Treatments

- Thalgoslim session min.30 € 70  
(Slimming, light legs or back relaxing programme)
- "Frigithalgo" local body wrap (anti-cellulite and circulation) min.30 € 43
- Pressotherapy min.30 € 38
- Pressotherapy with "Frigithalgo" (Venous and lymphatic drainage effect) min.45 € 60
- Local body wrap "Thalgomince"(local anti-cellulite/slimming) min.60 € 80
- Tonic seaweed body wrap (Slimming and circulation) min.60 € 70
- Body wrap "Aromacéan" min.60 € 75  
(Slimming and hydric retention with sea mud from Dead Sea and essentials oils)
- Body treatment "Slim&Sculpt Expert"(anti-cellulite and firming) min.75 € 90

## Facial Treatments

### Purifying

- "Rituel de pureté " (purifying facial treatment) min. 60 € 60

## Hydrate and Treat

- “Aquarelle” – moisturizing min. 60 € 65
- “Hydra Ressourcant”- moisturizing min. 60 € 70
- “Froid Marin” – sensitive skin min. 60 € 65
- “Ocean”- for a men min. 60 € 65

## Firming and anti-age

- “Exception” – anti age min. 75 € 100
- Facial collagen mask min. 75 € 83
- Facial and eye contour collagen mask min. 90 € 120
- “Thalgive” – Firming treatment min. 75 € 90

## Special eye contour

- Collagen mask min. 30 € 54

## BIO Treatment

- “TERRE & MER” – soothing or anti-aging min. 75 € 85

## Massages

- Relaxing back massage min. 30 € 43
- Relaxing massage with essential oils from Sardinia min. 60 € 70
- Sport massage min. 60 € 75
- Draining legs massage min. 30 € 43
- Anticellulite massage min. 30 € 47
- Californian massage min. 30 € 43
- Californian massage min. 60 € 70
- Sardinian massage min. 30 € 43
- Shiatsu massage min. 60 € 80
- Thai massage min. 60 € 80
- Reflexology foot massage min. 30 € 47
- Stone massage min. 60 € 82
- Balinese massage min. 60 € 82
- Ayurvedic massage min. 60 € 82

On Request and upon availability some massages can be arranged for 2 guests.  
Extra charge 10,00 euro per person.

## Beauty and Wellness Rituals

- Happiness for two in Sardinia (price per person) min. 120 € 140

Hammam 30 min. scrubbing with salt and Sardinian lavender/elicriso flowers 30 min.  
Relaxing Californian “Duo” massage 60 min.

- Facial care – massage “Rituel Fleurs de Bali” min. 45 € 65

Complete facial and back treatment as from Balinese Ritual.

<b>“Riche de jeunesse”. Facial care – massage</b>	min. 90	€ 105
Energising and firming treatment using traditional Chinese medicinal herbs: hibiscus, sesame, ginseng and lotus blossoms. Followed by a specific, toning anti wrinkle massage, a true natural lifting.		
<b>Facial massage KOBIDO</b>	min. 30	€ 43
Energising and firming care massage.		
<b>“Maghreb” Ritual</b>	min. 150	€ 160
Turkish bath, scrubbing with black soap, body wrap with “crème de rassoul” and traditional oriental massage with warm oriental oil 60 min.		
<b>“Ayurvedico” Ritual</b>	min. 90	€ 110
Aromatic scrubbing and ayurvedic massage.		
<b>“Siam” Ritual</b>	min. 120	€ 180
Aromatic bath with essential oils, scrubbing “purée de papaia”, “balinese massage” with “baume fondant de noix tropical” 60 min.		
<b>“Brasillian” Ritual</b>	min. 60	€ 85
Treatment and slimming massage with “creme de café” and draining body wrap with ochre clay and seaweed.		
<b>“Indocéane” Ritual</b>	min. 150	€ 180
A pleasant sea journey to discover the oriental fragrance and marine treasures (Fresh & salt scrubbing, Cleopatra’s milk bath, warm oil indian massage, subliminal body wrap).		

## Experiences SPA (lasting several days)

<b>Expériences du SPA® «Rituel de jeunesse®»</b>	2 days	€ 205
Facial-care massage « Riche de Jeunesse » 1h30 min. Facial massage « Riche de Jeunesse » 30 min. Ayurvedic massage 60 min.		
<b>Expériences du SPA® «Rituel Fleurs de Bali®»</b>	2 days	€ 170
Scrubbing with Purée de Papaye 30 min. Balinese massage with Baume fondant aux noix tropicales 60 min. Facial care-massage Rituel Fleurs de Bali 45 min.		

## Expériences du SPA® «Rituel de Bien Etre»

3 days € 215

Spices aromatic scrubbing 30 min.  
Traditional oriental massage 30 min.  
Facial care-massage Fleurs de Bali 45 min.  
Ayurvedic massage 60 min.

## Other Treatments

### Hand and foot beauty

- Standard manicure € 28
- French manicure € 33
- Standard pedicure € 33
- French pedicure € 38

### Waxing

- Legs and thighs € 35
- Legs/Total Bikini/Arms and forearms € 25
- Forearms/Bikini € 20
- Back/Chest € 25
- Lips/Chin/Armpits € 12
- Eyebrows € 17

## Fitness

- Cardio – fitness lesson with Personal Trainer min. 60 € 65
- aqua – fitness lesson (group) min. 30 € 22
- Stretching lesson (group) min. 30 € 22



**Thalassotherapy & SPA Center L'Elicriso**  
**tel. +39 079 694188 - dial from your room 660**

**If you book "a la carte" treatments with the stay, you'll get 10% discount on the treatment price**

Rates (inclusive of VAT) subject to change by Delphina Management

Treatment duration is relative to cabine

Subscriptions to "Wellness Circuit", or to the treatments, will be proposed at the Reception Desk

No children under 15 years are allowed. Children over 15 years must be attended by an adult or have a written authorization.