

List of treatments “à la carte”
Thalassotherapy & SPA Center

L'Elisir

Hydrotherapy Area

Hydromassage bathes

- Hydromassage bath with essential oils min. 30 € 38
- Hydromassage bath with sea salt and seaweeds min. 30 € 38
- Hydromassage bath with Sea salt and BIO myrtle gel min. 30 € 43
- Hydromassage bath “Cleopatra” with precious milk min. 30 € 38
- Hydromassage bath “Mémoire Océane” with a mix of sparkling crystals and seaweed petals min. 30 € 43

Affusion shower

- Affusion shower min. 15 € 32
- Massage under affusion min. 30 € 43
- Scrubbing and massage under affusion min. 45 € 75

Body wraps

- Micronized seaweed detoxifying wrap min. 30 € 43
- Micronized seaweed detoxifying wrap in Biostart min. 30 € 47
- Sea mud of Dead Sea remineralising wrap min. 30 € 60
- Sea mud of Dead Sea remineralising wrap in Biostar min. 30 € 64
- Smoothing and hydrating body wrap (calming after a sun bath) min. 30 € 50

Scrubs

- Scrub with sardinian salt, plants and essences. min.30 € 45
- Treatment “Prelude Marin”: body scrub with sea salt and sea mud (Relaxing and skin beauty) min.60 € 75
- Scrub “Indocean” – Sweet /Salty (Brown sugar, salt and Mediterranean essential oils). Relaxing, purifying and nourishing min.30 € 45
- Scrub “Mémoire Océan” (Salt crystals and seaweed petals). Exfoliating, remineralizing min.30 € 45
- Scrub “Thalgomince LC24” (Caffeine and seaweeds) Prepares the skin for slimming and anti-cellulite treatments min.30 € 45
- Spices aromatic scrub (as from a ritual of Java – Indonesia, with spices and salt flowers) min.30 € 45
- Scrub with Purée de Papaya (as from a ritual of Siam – Thailand, with natural papaya extracts) min.30 € 45
- Oriental Scrub with black soap min.30 € 45

Body treatments

- Thalgoslim session (Slimming, light legs or back relaxing programme) min.30 € 70

• “Frigithalgo” local body wrap (Cellulite and circulation)	min.30	€ 43
• Pressotherapy	min.30	€ 38
• Pressotherapy with “Frigithalgo” (Venous - lymphatic drainage effect)	min.45	€ 60
• Local body wrap “Thalgomince LC24 ”(cellulite/slimming)	min.60	€ 80
• Tonic seaweed body wrap (Slimming and circulation)	min.60	€ 70
• Body wrap “Aromacean” with sea mud of Dead Sea and essential oils (Slimming and retention)	min.60	€ 75
• Body treatment “Slim&Sculpt Expert”	min.75	€ 90

Face treatments

Purifying

• “Rituel de pureté” (total purifying face treatment)	min. 60	€ 60
---	---------	------

Hydrate and Treat

• “Aquarelle “ Energizing – rebalancing	min. 60	€ 65
• “Hydra Ressourçant”- hydrating	min. 60	€ 70
• “Froid Marin” – sensitive skin	min. 60	€ 65

Firming and anti-age

• “Exception” – anti age	min. 75	€ 100
• Collagen mask for face	min. 75	€ 83
• Collagen mask for eyes and face	min. 90	€ 120
• “Thalgogive” - Firming	min. 75	€ 90

Special eye contour

• Collagen mask	min. 30	€ 54
-----------------	---------	------

BIO Treatment

• « TERRE & MER » Sensitive skin or anti-aging	min. 75	€ 85
--	---------	------

Special for men

Face

• “Océan Men” Moisturizing and regenerating facial care with vital blue seaweed	min. 60	€ 65
• “Force Mineral” anti aging facial care. Facial relaxing massage that gives energy to the cells and helps to restore features’ radiance	min. 60	€ 70

BODY

• “Contour Mineral” Modelling and firming localized body treatment	min. 90	€ 85
• “Polynesian Ritual” (Polynesian Sanding, coconut flesh body wrap and relaxing massage). Relaxing, anti stress and moisturizing	min. 60	€ 80

- Sardinian citrus ritual (scrub, body wrap and massage)
Energizing and mineralizing scrub, citrus wrap and relaxing massage min. 60 € 80

Massages

- Relaxing back massage min. 30 € 45
- Relaxing massage with essential oils from Sardinia min. 60 € 75
- Sport massage min. 60 € 80
- Draining legs massage min. 30 € 43
- Anticellulite massage min. 30 € 47
- Californian massage min. 30 € 43
- Californian massage min. 60 € 75
- Shiatsu massage min. 60 € 82
- Thai massage min. 60 € 80
- Reflexology foot massage min. 30 € 47
- Hot stone massage min. 60 € 82
- Balinese massage min. 60 € 82
- Ayurvedic massage min. 60 € 82

Beauty and Wellness Rituals

Happiness for two in Sardinia (price per person) min. 120 € 140

Hammmam, scrub with sardinian salt, plants and essences, Relaxing Californian “Duo” massage

Face care - massage “Rituel Fleurs de Bali” min. 45 € 65

Complete face treatment as from a Balinese Ritual

« Riche de Jeunesse » Face care - massage min. 90 € 105

Energizing and firming treatment with chinese traditional medicinal plants: hibiscus, sesame, ginseng and lotus. Followed by a specific, toning anti wrinkle massage, a true natural lifting

Face massage “KO BI DO”. min. 30 € 45

Energizing and firming care massage

Ritual from “Maghreb” min. 150 € 160

Turkish bath, scrub with black soap, body wrap with Rassoul and oriental massage with traditional oil

“Ayurveda” Ritual min. 90 € 120

Aromatic scrub and Ayurveda massage

Ritual from “Siam” min. 90 € 120

Purée de papaya scrub and Balinese massage with a balm of tropical nuts

“Brasilian” Ritual

min. 60 € 85

Treatment and slimming massage with “coffee cream” and draining body wrap with ochre clay and seaweeds

“Indoceane” Ritual

min. 150 € 180

A pleasant sea journey to discover the oriental fragrances and the marine treasures (Sweet & salt scrub, Cleopatra’s milk bath, indian massage with warm oil, subliminal body wrap)

On Request and if available some treatments can be arranged for 2 persons. Supplement 10,00 euro per person (Per treatment).

Beauty services

Hand and foot beauty

- Manicure € 30
- French Manicure € 35
- SPA Manicure € 60
- French SPA Manicure € 65
- Pedicure € 35
- French Pedicure € 40
- SPA Pedicure € 70
- French SPA Pedicure € 75
- Manicure & Pedicure € 60
- French Manicure & French Pedicure € 70
- French SPA Manicure & French SPA Pedicure € 110
- SPA Manicure & SPA Pedicure € 120
- Nail varnish € 14

Waxing

- Legs and thighs € 45
- Half Legs/Total Bikini/Arms and forearms € 30
- Forearms/Bikini € 20
- Back/Chest € 30
- Lips/Chin/Armpits € 20
- Eyebrows € 20

Fitness

- Lesson of cardio – fitness with Personal Trainer min. 60 € 65
- Acqua – fitness session (group class) min. 30 € 22
- Stretching session (group class) min. 30 € 22



Thalassotherapy & SPA Center L'Elicriso
tel. +39 079 694188 - dial from your room 660

If you book "a la carte" treatments with the stay, you'll get 10% discount on the treatment price

Rates (inclusive of VAT) subject to change by Delphina Management

Treatment duration is relative to cabine

Subscriptions to "Wellness Circuit", or to the treatments, will be proposed at the Reception Desk

No children under 15 years are allowed. Children over 15 years must be attended by an adult or have a written authorization.